COVID-19 Symptoms and Exposure

Stay home if you aren’t feeling well. Students should ask their instructors for course arrangement, staff and student workers should request remote work arrangement or use accrued leave (if applicable), and faculty should change classes to an online hy-flex option and inform students accordingly.

What counts as exposure? A close contact is someone who has been within six feet for a cumulative 15 minutes or more over a 24 hour period.

You have been in contact with someone who has tested positive for COVID-19.

Are you up-to-date on COVID-19 vaccination (all eligible doses completed)?

Are you showing symptoms?

YES

1. Isolate immediately.
2. Get tested*.

NO

1. No quarantine needed unless you develop symptoms. Take precautions and wear a mask for 5 days.
2. Get tested* at least 5 days after close contact.

What is the test result?

NEGATIVE

Return to activities when symptoms subside.

POSITIVE

Isolate for at least 5 days. If you are asymptomatic or once symptoms are resolving (without fever for 24 hours), follow that by 5 days of wearing a mask when around others to minimize the risk of infecting other people.

* All mentions of testing refer to viral tests: rapid and PCR.

Note for faculty/supervisors: Your students or employees may contact you with health information or questions. Please show compassion and empathy and be reasonable about attendance—individuals may need alternate arrangements for 10–14 days. You may ask individuals who display symptoms to stay at home and contact their health care provider; however, per FERPA compliance requirements, please do not disclose the status of a student to the class in a way that identifies them, and do not inform a class that they have been exposed.

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